

News Release

New Hampshire's Governor's Council on
Physical Activity and Health



For Immediate Release

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New Hampshire's Governor's Council on Physical Activity and Health Announces 2007 Outstanding Achievement Award Recipients

Concord, NH (May 21, 2007) The New Hampshire Governor's Council on Physical Activity and Health is pleased to announce the recipients of the 2007 *Outstanding Achievement Award for Physical Activity and Health*. The awards are presented to organizations and individuals who have made a significant impact on the health of NH residents by promoting healthy lifestyles through physical activity and fitness programs. The 2007 award recipients are:

- *Fit & Healthy Teens – Elliot Health Systems*
- *Fitness University – Gate City Striders & Southern NH Medical Center*
- *Andrea Jackson – Frisbie Memorial Hospital*
- *Run, Pedal, Paddle – Seacoast Physical Best Program*
- *Health Worker Wellness Program - Dartmouth-Hitchcock Medical Center – Lebanon*
- *LiveFIT NH - New Hampshire Public Television*
- *John Chandler – Laconia*
- *International Heart & Lung Games team - Bond Wellness Center at Monadnock Community Hospital*

The award recipients will be honored at a ceremony on May 31st during the Healthy Bodies, Healthy Minds, Healthy Schools Celebration at the Hampshire Dome in Milford, NH. For more information, please contact Fred Daniels at 880-0448.

The New Hampshire's Governor's Council on Physical Activity and Health was formed in 1991 by Executive Order of Governor, Judd Gregg. The Council's mission is to promote a healthy lifestyle for all New Hampshire residents with a special emphasis on children and youth. Since its founding, the Council has advocated for legislation, written white papers and developed programs and events with the goal of improving the physical health of NH's residents.

NH's Governor's Council on Physical Activity and Health is a member of the National Association for Health and Fitness, a network of State and Governor's Councils. More information about the Council is available at <http://www.nh.gov/gcpah>.

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